



## April

Triple P Discussion Group:  
**Developing Good Bedtime Routines**  
 Wednesday 6th April  
 9.30 - 11.30 am on Zoom

Triple P Discussion Group:  
**Dealing with Disobedience**  
 Tuesday 12th April  
 6.30 - 8.30 pm on Zoom

Triple P Discussion Group:  
**Managing Fighting & Aggression**  
 Tuesday 26th April  
 6.00 - 8.00 pm on Zoom

Triple P Seminar:  
**The Power of Positive Parenting**  
 Wednesday 27th April  
 6.30 - 8.00 pm on Zoom

## Programme Schedule

April - June 2022

### May

9-Week Stepping Stone Group  
 Tuesdays 3rd May - 28th June  
 6.00 - 8.30 pm  
 Belmayne Family Hub, Main Street,  
 Belmayne, Dublin 13 D13 EH58

Triple Discussion Group:  
**Dealing with Disobedience**  
 Tuesday 3rd May 9.30 - 11.30 am,  
 Our Lady Immaculate Junior School,  
 Darndale, D17 CK81

Lifestyle Seminar:  
**Positive Parenting for Healthy Living**  
 Wednesday 4th May  
 6.30 - 8.00 pm on Zoom

Triple P Discussion Group:  
**Hassle-Free Days Out**  
 Tuesday 10th May 9.30 - 11.30 am  
 St. Francis Junior School,  
 Clonsaugh Drive D17 F978

Triple P 8-Week Group  
 Wednesdays 11th May - 22nd June 6.30 - 8.30 pm  
 Belmayne Family Hub, Main Street, Belmayne,  
 D13 EH58

Triple P Discussion Group:  
**Developing Good Bedtime Routines**  
 Tuesday 17th May 9.30 - 11.30 am  
 Our Lady Immaculate Junior School,  
 Darndale, D17 CK81

Lifestyle Seminar:  
**Healthy Eating to Promote Children's Wellbeing**  
 Wednesday 25th May 6.00 - 7.30 pm on Zoom

**FREE**  
 parenting  
 programmes for  
 those living in  
 Dublin 3, 5, 13  
 & 17



### June

Triple P Seminar:  
**The Power of Positive Parenting**  
 Tuesday 7th June 9.30 - 11.00am  
 Our Lady Immaculate Junior School,  
 Darndale, D17 CK81

Triple P Seminar:  
**Raising Resilient Children**  
 Wednesday 8th June 7.00 - 8.30 pm  
 Baldoyle Resource Centre,  
 Grange Road, D13 TE80

Triple P Discussion Group:  
**Dealing with Disobedience**  
 Tuesday 14th June 9.30 - 11.30 am  
 Our Lady Immaculate Junior School,  
 Darndale, D17 CK81

Stepping Stones Seminar:  
**Changing Problem Behaviour into Positive Behaviour**  
 Tuesday 21st June  
 6.30 - 8.00 pm on Zoom