

What did the families receive?

HIGH TREATMENT SUPPORTS

HOME VISITING

Through regular home visits, the *PFL* mentors built good relationships with parents and provided them with high quality information about parenting and child development using Tip Sheets. The home visits started in pregnancy (at ~21 weeks) and continued until the child started school at age 4 or 5.

TRIPLE P

The Triple P Positive Parenting Programme aimed to improve positive parenting through the use of videos, vignettes, role play, and Tip Sheets in a group-based setting. Parents participated in Triple P training when their children were between 2 and 3 years of age.

BABY MASSAGE

Baby massage classes were offered during the first year to equip parents with skills which would allow them to interact with, stimulate, relieve, and relax their baby, and to emphasise the importance of communication between parents and babies.

PFL PARTICIPANTS



HIGH TREATMENT (GREEN)

- 1 €100 worth of child developmental toys annually and book packs
- 2 Facilitated access to enhanced pre-school
- 3 Public health workshops
- 4 Facilitated access to local services
- 5 Access to social events
- 6 Home Visiting
- 7 Triple P
- 8 Baby massage

N = 115

LOW TREATMENT (BLUE)

- 1 €100 worth of child developmental toys annually and book packs
- 2 Facilitated access to enhanced pre-school
- 3 Public health workshops
- 4 Facilitated access to local services
- 5 Access to social events

N = 118