

Home Visiting Fidelity Checklist

Home Visitor Name: _____

Date: _____

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Date: _____

Fidelity Checklist

Adherence to the PFL programme	Yes	No	Comments
Intake and registration processes are managed by the team leader.			
All case files include a completed and signed expectation agreement and consent form.			
All parents engaging with PFL are offered antenatal care and education support.			
All parents engaging with PFL are offered breastfeeding education and support, during the antenatal period and following birth.			
All parents engaging with PFL have a Home Visitor that provides home-visiting support.			
All parents engaging with PFL are offered baby massage classes/individual baby massage sessions.			
All parents engaging with PFL are offered the opportunity to participate in an evidence-based parenting programme.			
All parents are invited explore their and their families' goals and aspirations at regular intervals?			
All parents take part in regular progress reviews with their Home Visitor.			
Case closure processes are followed as described in the manual.			

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Adherence to the PFL programme	Yes	No	Comments
The outcomes evaluation framework is being used and outcomes data are recorded in the database.			
Families are referred or sign-posted to other services in the community where the PFL programme is unable to meet their needs or where appropriate			

Frequency/Duration	Yes	No	Comments
All parents engaged with the Home Visiting programme are offered at least one home-visit from their Home Visitor each month.			
All parents engaged with the Home Visiting programme are offered home-visiting sessions that last on average 60 minutes.			
All parents engaged with the Home Visiting programme are offered the opportunity to participate in the programme prior to the birth of their baby.			
The Home Visiting programme is offered to all parents from pre-birth until their child starts school.			

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Quality of Delivery	Yes	No	Comments
Staff are trained to deliver the Home Visiting programme.			
Staff are trained in and familiar with infant mental health practices.			
Staff are trained in and familiar with developmental parenting practices and approaches.			
Staff are trained in at least one evidence-based parenting programme.			
Staff are trained in baby massage.			
Staff receive regular coaching to support effective practice.			
Staff participate in regular peer networking meetings.			