

Dear _____

Welcome to the Preparing for Life Home Visiting Programme! I'm delighted to begin this journey with you and your family. My role is to work in partnership with you — supporting and empowering you as a parent so you can feel confident and enjoy this special time in your life.

What you can expect of me:

- I will arrange at least one home visit per month. These visits typically last about one hour, though we may extend them in certain situations — for example, if you request it or for a particular activity (with your permission).
- I will continue working with you until your child starts school (subject to funding).
- I will share helpful information and parenting tips tailored to your child's developmental stage.
- I will not tell you what to do, but I will provide information and support to help you make the best choices for your family.
- I will treat you and your family with respect at all times.
- I will listen to you, offer support and feedback, and refer you to other services or agencies if you wish.

What we ask from you:

- Please make yourself available for scheduled visits and attend them unless there is an emergency.
- If you cannot attend a visit, let us know in advance. If you don't have phone credit, you can use WhatsApp or email. You can discuss your preferred contact method with your Home Visitor. You're also welcome to follow us at facebook.com/preparingforlifedublin.
- Please inform us of any illness in your household before a scheduled visit. Visits can't go ahead when there is infectious illness, so in turn, if your home visitor is sick, we will also reschedule your visit.
- We encourage you to actively take part in conversations and activities during visits.
- If we are unable to contact you or arrange a Home Visit after 8 attempts in a row over a 6-8 week period, we will assume that you no longer wish to participate in the programme and we will begin the exit process.
- You are free to leave the programme at any time. If you choose to do so, we will respect your decision and ask that you complete a short exit form.

What we cannot do:

- We cannot share your personal information with other services without your consent, except in emergency situations or when there are child protection concerns.
- We cannot move you up on waiting lists for other services.
- We are not able to care for your child during visits if you are busy.

Participant Signature: _____

Date: _____

Home Visitor Signature: _____

Date: _____

Home Visitor's Name and Phone Number: _____

Home Visitor's Email: _____



Riailtas na hÉireann
Government of Ireland



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an Aontas Eorpach
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government supporting communities



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